

Wellsprings Workshop 2017 - 2018

NAVIGATING HEALTH CARE DIRECTIVES ADVANCING TOWARD HOLINESS AND GROWTH IN GRACE

1. Understanding the need - "Unself" the purpose
 - Recognizing the need (examples of situations that may suggest a need for human and/or legal protective action)
 - The prayerful approach - "wise as serpents, and harmless as doves"
2. Understanding the law
 - Some definitions
 - Resources
 - Know when you need a professional
 - Ethical considerations
3. Preparing for the conversation - where you are asking for help
 - Metaphysical ideas (preparing yourself for the conversation about advance directives)
 - The prayerful approach (preparing for the conversation)
 - Consideration as to who should be present
 - Other preparation considerations (e.g. copies of documents, contact information, costs)
4. Preparing for the conversation - where you see the need for help
 - Metaphysical ideas (for preparing yourself for the conversation about advance directives)
 - The prayerful approach (preparing for the conversation)
 - Consideration as to who should be present
 - Other preparation considerations (e.g. copies of documents, contact information, costs)
5. You know what needs to be done. What next?
 - What can be done without professional help
 - Choosing a professional and making an appointment (how to choose, who should attend)
 - Communicating with family and friends
 - Other Practical considerations (timing, cost, etc)
6. Follow-up, Maintenance, and Revocations
 - Prayerfully assessing and handling impositions (consider what things were an imposition to your thought and make sure you have mentally handled them)
 - Follow-up actions (further action, future updates/changes, staying in touch)